

# ROUTINE CHECKLIST

WEEK OF \_\_\_\_\_

## Morning

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M	T	W	T	F	S	S
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<input type="radio"/>						
<input type="radio"/>						
<input type="radio"/>						
<input type="radio"/>						
<input type="radio"/>						

## Afternoon

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M	T	W	T	F	S	S
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<input type="radio"/>						
<input type="radio"/>						
<input type="radio"/>						
<input type="radio"/>						
<input type="radio"/>						

## Evening

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M	T	W	T	F	S	S
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<input type="radio"/>						
<input type="radio"/>						
<input type="radio"/>						
<input type="radio"/>						
<input type="radio"/>						

*for caregivers*