

Signs of Pain

Some specific symptoms to look for when you feel like "something is off".

Symptoms are not limited to this list and may include other signs specific to your loved one.

Watch for anything out of the ordinary.

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- APPEARING SAD OVER A PERIOD OF TIME

 - ANGRY FOR NO REASON THAT YOU CAN DETERMINE

 - UNUSUAL NOISE WITH SPECIFIC ACTION OR IN SLEEP

 - LAYING IN BED WITHOUT SHIFTING POSITION

 - WANDERING INSTEAD OF PURPOSEFUL WALKING

 - BECOMING MORE SEDENTARY THAN USUAL

 - DENTAL ISSUES

 - RESTLESSNESS

 - RUBBING OR HOLDING A BODY PART

 - CRYING OR MOANING

 - GRIMACING, FROWNING. TIGHTLY CLOSED EYES

 - LABORED BREATHING

 - TENSE AND GUARDING AGAINST MOVEMENT OR TOUCH

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REFUSAL TO EAT, PICKS AT OR PUSHES FOOD AWAY

HEAD HUNG DOWN, HOLDING HEAD

REFUSING TO MOVE

REFUSAL TO EAT

REFUSE TO STAND, DIFFICULTY RISING

STARTING TO MOVE AND SUDDENLY STOPPING

FREEZE, IMMEDIATELY RETURN TO PREVIOUS POSITION.

STARTING TO MOVE AND SUDDENLY STOPPING

MOANING, OR GRUNTING

LIMPING, FAVORING ONE SIDE OVER THE OTHER

TURNING PALE OR ASHEN

RED, HOT OR SWOLLEN JOINTS

AUDIBLE SHARP BREATH IN OR OUT
